

# Mission

The Double H Ranch is a non-profit organization that provides year-round Outdoor Adirondack Adventures for children living with a chronic or life-threatening illness. Each child that participates in the program is encouraged to reach for their potential and strive to be successful!



### For Further information contact

Double H Ranch  
97 Hidden Valley Road  
Lake Luzerne, NY 12846  
518-696-5676  
or visit [www.doublehbranch.org](http://www.doublehbranch.org)



Adaptive Winter  
Sports Program

A Hole in the Wall Camp  
Founded by Charles R. Wood and Paul Newman

Lake Luzerne, NY

*An exciting opportunity for children aged 6–18, living with a chronic or life-threatening illness to experience the joy of outdoor winter adventures.*



## The Program

The Double H Ranch first hosted the Adaptive Winter Sports Program in 1998, providing children the unique opportunity to experience the thrill of outdoor winter activities. The program has since grown to provide an Adirondack winter adventure to hundreds of children and their families, COMPLETELY FREE OF CHARGE.

### Activities

- U Alpine Skiing Instruction
- U Nordic Skiing Instruction
- U Snowboarding Instruction
- U Snowshoeing Instruction
- U Family Sleepover Weekends
- U Offsite Challenges/Races
- U Closing Ceremonies

## Who is Eligible

Children aged 6–18 living with a chronic and/or life-threatening illness or a neuromuscular impairment are welcome to apply. The following diagnoses are a small sample of the children we serve in the winter: Cancer, Sickle Cell Anemia, Hemophilia, and various Neuromuscular Disorders.



## Typical Day

Participants arrive at the Double H Ranch in the morning for a day of winter sports. Each child is assigned a volunteer ski instructor and their ski equipment is provided. The Double H Ranch mountain has a chairlift and two ski trails in addition to miles of cross-country trails. Families sit comfortably in the Ski Lodge as they monitor their child's progress.

## Volunteer Opportunities

In order to be successful, the Ranch relies on several generous volunteers who donate their time and expertise. For more detailed information on volunteering contact our volunteer coordinator at 518-696-5676.

- U Ski Instructors
- U Ski Patrol
- U Lodge Hosts
- U Lift Operators